

Appendix 2

Relationships and Sex Education Overview

	Relationships and Sex Education
Kindergarten	Where I live – who lives in my house Accept the needs of others Good friends Taking turns Own feelings and feelings of others
Reception	Special people in our lives Why are our families special? Celebrations linked to our families Friendships Own behaviour and consequences/ resolves conflicts Positive relationship with ourselves
Year 1	Caring for family and friends Family gives love, stability and security Special people My family
Year 2	Caring for family and friends – they should care for each other Similarities between boys and girls Needs of babies and elderly
Year 3	Good friend Boundaries in friendships Before puberty – body changes from childhood to adult
Year 4	Family changes – 2 homes Gender stereotypes
Year 5	What is puberty Human life cycles Physical contact Menstrual cycle (girls)
Year 6	Marriage Changes in adolescence How a baby is conceived and born